

# Coast Endoscopy

## Tweed Day Surgery

Suite 7a, 38-44 Boyd Street Tweed Heads, NSW 2485

T (07)5599 2295 F (07)5599 2293

E [lynchgit@westnet.com.au](mailto:lynchgit@westnet.com.au)

### Capsule Endoscopy Instructions;

Date: \_\_\_\_\_

Time: \_\_\_\_\_

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Consuming normal food up until 4pm. Then clear fluids **only** until you go to bed.(12 a.m. no more clear fluids) Please no medication to be taking the morning of your capsule endoscopy.

#### Approved clear fluids:

- \* water
- \* apple or pear juice
- \* plain jelly
- \* black tea or coffee
- \* Bonox
- \* Lucozade
- \* Gatorade
- \* Staminade
- \* carbonated drinks
- \* barley sugar drink
- \* clear broth
- \* lime or lemon cordial

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Please have nothing to eat or drink in the morning before Capsule Endoscopy.

